

ACHIEVE

Training & Development

ASSUMPTION OF RISK



intensive



therapeutic



academic recovery



individualized

The safety and well being of each participant in our programs is of paramount importance to the staff of Wendigo Lake Expeditions Inc. We seek to take reasonable care and precautions to ensure a positive educational experience. The following acknowledgement and release is a requirement of both insurance coverage and participation and an important reminder to you as a parent, guardian or participant of the inherent risks of participation and the participant's responsibility to follow all safety instructions.

Participation in many activities such as sports, recreational activities, challenge course and outdoor programs and traveling in a motorized or recreational vehicle involve substantial risks of bodily injury or even death. Dangers related to such activities include, but are not limited to, the following: strains, sprains, sunburn, broken bones, blisters, insect bites, drowning, getting lost, hypothermia, dehydration, frost bite, and spinal cord injuries.

The Wendigo Lake Expeditions program will require the participant to participate in a broad range of activities which are physically, mentally and emotionally challenging, including but not limited to: low ropes course, high ropes course, games & initiatives, trust falls, tunnel, pole climb, climbing wall, cargo net, backpacking, orienteering, camping outside in all weather conditions, community service work projects, swimming, tarzan swing, zip line into water, canoeing in lakes and whitewater, sea kayaking, snowshoeing, sauna, snow shelter camping and a variety of other similar activities.

Each participant in these types of activities must realize that there are risks and dangers inherent in the activity and in the travel to and from such activities. Inherent risks of participating in a wilderness expedition and challenge course program such as the Wendigo Lake Expeditions program include, but are not limited to, the following: dangerous weather conditions, errors of judgment by staff or participants, equipment failure, and misbehaviour of participants.

DECLARATION

The undersigned understand and accept that staff and participants such as myself can reduce (but never eliminate) the danger posed by these risks by learning and practicing proper safety measures, listening to and obeying staff instructions, taking care of myself by letting others know what I need, communicating safety concerns to staff and other participants and taking an active part to protect myself and my fellow participants during an activity.

I state that I am in proper physical condition to participate and that I accept and assume all risks, hazards, and dangers involved in such activities in which I may be involved as a consequence of participation in the Wendigo Lake Expeditions program.

**WENDIGO LAKE EXPEDITIONS INC
RELEASE, WAIVER OF LIABILITY, AND COVENANT NOT TO SUE**

The undersigned hereby acknowledges that participation in the Wendigo Lake Expeditions program, and other wilderness expedition and challenge activity programs operated by Wendigo Lake Expeditions Inc. involves an inherent risk and assumes all such risks.

In consideration of my attendance and participation in the Wendigo Lake Expeditions program, I, for myself, my heirs, executors, guardians, administrators and assigns hereby release and agree to hold harmless and indemnify Wendigo Lake Expeditions Inc./Project D.A.R.E., or any of their directors, officers, shareholders, employees, staff, or any other person or persons concerned directly or indirectly with the program carried out in association with Wendigo Lake Expeditions Inc. and/ or the Crown in Right of Ontario as represented by the Ministry of Community, Family and Children's Services or Ministry of Public Safety and Security, from and against any and all actions, causes of action, complaints, claims and demands for damages, losses or injuries, inclusive of costs and expenses, howsoever arising, including negligence, either directly or indirectly from the participation in the said program.

I Declare that I fully understand the terms of this Release, Waiver of Liability and Covenant not to sue and that said terms apply to me as well as to any infant child attending under my authority.

Witness

Signature of Participant

Witness

Signature of Parent or Guardian
if Participant under 18 yrs of age